



The Village Family Service Center partners with several school districts in Minnesota and North Dakota to provide school-based mental health services. These services include assessment, evaluation, and treatment of mental health issues, such as depression, anxiety, and ADHD, for children in grades K-12.

School-based mental health services are often more convenient for families. The student is away from the classroom less, and therapists are better able to collaborate with school personnel. The Village's providers work with the child, their family, and the school to develop and implement a treatment plan that will address the child's unique circumstances. This therapeutic intervention promotes a student's success at school and overall mental health.

The Village has a passion for helping kids and families, and a long history of service in the community. Our therapists are trained in evidence-based models, and we are dedicated to staying current on the latest therapeutic approaches.



#### MINNESOTA

Alexandria: 320-762-8851

Moorhead: 701-451-4811

St. Cloud: 320-253-5930

#### NORTH DAKOTA

Bismarck: 701-255-1165

Devils Lake: 701-662-6776

Fargo: 701-451-4900

Grand Forks: 701-746-4584

Minot: 701-852-3328

The Village Family Service Center's mission is to strengthen individuals we serve through regional community behavioral health services.

This includes mental health counseling, in-home therapy, addiction treatment, mentoring, financial counseling, pregnancy counseling, adoption services and more.



[www.TheVillageFamily.org](http://www.TheVillageFamily.org)  
800.627.8220



# The Village Family Service Center SCHOOL-BASED MENTAL HEALTH SERVICES



## How are Village services provided at school?

The school provides an office located in the school building for The Village to use to provide therapy sessions to students. A licensed Village therapist can assess your child's needs, create a treatment plan, and determine ways to address issues your child may be facing.

Your role in your child's therapy is instrumental to their success. We welcome your feedback regarding progress and symptoms and will actively engage you in the treatment process.

Depending on your child's needs, therapy can be weekly or bi-weekly and for as long as needed to alleviate symptoms. Individual and/or group therapy may be an option for your child, depending which school they attend.

## How do I know my child could benefit from services?

Some things to watch for in deciding if your child may have mental health concerns include:

- A loss of skills, for example, a child who normally did not have issues with going to bed now cries, screams, and refuses.
- A traumatic, scary, or dangerous experience, such as witnessing violence, followed by a change in behaviors or sleep patterns.
- Significant change in eating, sleeping, or mood (such as excessive crying) that lasts longer than a couple of weeks.
- Difficult behavior at home, daycare, or school. For example, the child has frequent detentions, suspensions, or behavior tickets.
- Difficulty adapting to a change such as parental separation, death in the family, or a move to a new home, daycare, or school.
- Concerns about the child's behavior, emotional expressions, or social-emotional development expressed by people close to the child.



If you are uneasy about your child's behavior and development, the first step is to have your child undergo a comprehensive mental health assessment. Village staff are trained to provide mental health assessments for children starting as young as infancy.

## How do I connect my child with services?

It's very easy to access The Village's behavioral health services. If you are seeking services to be provided at school, you must first have a discussion with your school counselor. The counselor will then make a referral to The Village's school-based services, if appropriate.

If it is not possible for your child to receive services from a Village counselor at his or her school, you can request an appointment at one of our offices. Call the location that is most convenient for you using the phone numbers on the back.

You may also fill out an appointment request form at [TheVillageFamily.org/Appointment](http://TheVillageFamily.org/Appointment). One of our intake specialists will ask you questions about your specific situation and the issues you'd like to discuss, and then schedule a convenient time for you to meet with a counselor.

## How are services paid for?

When you call, our intake specialist can give you information about fees. In many cases, counseling services at The Village are covered by your health insurance company. If you don't have this sort of coverage, other funding options may be available.

  
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